

Referenser till Forskning i korthet

FÖRSKOLANS ROLL FÖR ATT FRÄMJA PSYKISK HÄLSA

APPENDIX

Litteratursökning

I den här kunskapsöversikten har vi utgått från en bred bas av litteratur som kunnat ge inspel till frågan om den svenska förskolans roll för att främja barns psykiska hälsa. Vi har använt oss av Google Scholar som innehåller både vetenskapligt publicerad litteratur och rapporter från myndigheter, organisationer och verksamheter som på olika sätt belyst frågor som berör området, samt databaser som PsychInfo och PubMed. Vi har också gått igenom referenslistor, och rekommendationer av litteratur samt sådant vi själva känner till eller varit delaktiga i. Exempel på begrepp som använts i sökningarna är #välbefinnande #psykisk hälsa #förskola #utveckling #likvärdighet #särskilt stöd #kvalitet och motsvarande engelska termer. Vi vill på inget sätt hävda att arbetet är en vetenskaplig systematisk översikt. Vi menar dock att översikten ger en aktuell bild av faktorer som är relaterade till den svenska förskolans roll i att främja barns psykiska hälsa, samt pekar på omfattande kunskapsluckor och behovet av forskning som påvisar effekter av att gå i förskolan för barns välbefinnande och psykiska hälsa.

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