

References

Fitness doping and gym culture

1. ACMD. (2010). *Consideration of the Anabolic Steroids*. London: Home office.
2. Al-Falasi, O., Al-Dahmani, K., & Al-Eisaei, K. (2008). Knowledge, attitude and practise of anabolic steroids use among gym users in Al-Ain District, United Arab Emirates. *The Open Sports Medicine Journal*, 9(2), 75-81.
3. Andreasson, J., Johansson, T. (2020). *Fitness Doping: Trajectories, Gender, Bodies and Health*. Cham, Switzerland, Palgrave Macmillan
4. Andreasson, J. (2015). Reconceptualising the Gender of Fitness Doping. Performing and Negotiating Masculinity through Drug-Use Practices. *Social Sciences*. 4. 546-562
5. Andreasson, J. & Johansson, T. (2014). *The Global Gym. Gender, Health and Pedagogies*. Basingstoke, UK: Palgrave Macmillan.
6. Andreasson, J. & Johansson, T. (2016). Online doping: The new self-help culture of ethnopharmacology. *Sport in Society: Cultures, Media, Politics, Commerce*. 19:7, 957-972.
7. Baker, J. S., Graham, M. R., & Davies, B. (2006). Steroid and prescription medicine abuse in the health and fitness community: A regional study. *European Journal of Internal Medicine*, 17(7), 479-484.
8. Bates, G., & McVeigh, J. (2016). *Image and Performance Enhancing Drugs: 2015 Survey Results*. Liverpool: Liverpool John Moores University.
9. Bates, G., Begley, E., Tod, D., Jones, L., Leavey, C. & McVeigh, J. (2017). A systematic review investigating the behaviour change strategies in interventions to prevent misuse of anabolic steroids. *Journal of Health Psychology*. Doi: 1359105317737607.
10. Beamish, R. & Ritchie, I. (2007). *Fastest, Highest, Strongest. A Critique of High-performance sport*. London/New York: Routledge.
11. Bergsgard, N-A., Tangen, J-O., Barland, B. & Breivik, G. (1996). Doping in Norwegian Gyms – A Big Problem? *International Review for Sociology of Sport*, 34 (4), 351-364.
12. Brennan, R., Wells, J.S.G. & van Hout, M.C. (2017). The injecting use of image and performance-enhancing drugs (IPED) in the general population: a systematic review. *Health and Social Care in the Community*, 25(5):1459-1531.
13. Bunsell, T. (2013). *Strong and Hard women. An Ethnography of Female Bodybuilding*. London: Routledge.
14. CAN. (2017). *Drogutvecklingen i Sverige 2017. Rapport nr. 164*. Stockholm: Centralförbundet för alkohol- och narkotikaupplysning.
15. Christiansen, A.V. (2009). Doping in fitness and strength training environments. *Politics, Motives and Masculinity*, In Møller, V., McNamme, M. & Dimeo, P. (Eds.). *Elite sport, doping and public health*. Odense: University Press of Southern Denmark.
16. Christiansen, A.V. (2018). *Motionsdoping. Styrketræning, identitet og kultur*. Aarhus, Danmark: Aarhus Universitetsforlag.
17. Christiansen, A.V., Vinther, A. S., & Liokaftos, D. (2017). Outline of a typology of men's use of anabolic androgenic steroids in fitness and strength training environments. *Drugs: Education, Prevention and Policy*, 24(3), 295-305. <http://doi.org/10.1080/09687637.2016.1231173>
18. Connell, R.W. (1995). *Masculinities*. Cambridge, UK: Polity Press.
19. Connolly, J. (2015). Civilising processes and doping in professional cycling. *Current Sociology*, 63(7), 1037-1057.
20. Coomber, R., Pavlidis, A., Santos, G. H., Wilde, M., Schmidt, W. & Redshaw, C. (2015). The supply of steroids and other performance and image enhancing drugs (PIEDs) in one English city: Fakes, counterfeits, supplier trust, common beliefs and access. *Performance Enhancement and Health*, 3(3-4), 135-144. <http://doi.org/10.1016/j.peh.2015.10.004>
21. Dimeo, P. (2007). *A History of Drug use in Sport 1876-1976. Beyond Good and Evil*. London: Routledge.
22. Dimeo, P. & Hunt, T.M. (2012). The doping of athletes in the former East Germany: A critical assessment of comparison with Nazi medical experiments. *International Review for Sociology of Sport*, 47(5): 581-593.

23. Dimeo, P., & Møller, V. (2018). *The Anti-Doping Crisis in Sport. Causes, Consequences, Solutions*. London: Routledge.
24. Dopningslagen. (1991:1969). *Lag om förbud mot vissa dopningsmedel*. Stockholm, Sweden: Svensk författningssamling SFS.
25. DuRant, R., Escobedo, L. & Heath, G. (1995). Anabolic-Steroid Use, Strength Training, and Multiple Drug Use among Adolescents in the United States. *Pediatrics*, 96, 23–9.
26. European Commission. (2014). *Study on Doping Prevention. A map of Legal, Regulatory and Prevention Practice Provisions in EU 28*. Luxembourg: Publications Office of the European Union.
27. Evans-Brown, M. & McVeigh, J. (2009). Anabolic steroid use in the general population of the United Kingdom. In Møller, V., McNamee, M. & Dimeo, P. (Eds.) *Elite sport, doping and public health*. (pp. 75-97) Odense, Denmark: University Press of Southern Denmark.
28. Evans-Brown, M., McVeigh, J., Perkins, C., & Bellis, M. A. (2012). *Human Enhancement Drugs. The Emerging Challenges to Public Health*. Liverpool: North West Public Health Observatory.
29. Fincoeur, B., van de Ven, K., & Mulrooney, K. J. D. (2015). The symbiotic evolution of anti-doping and supply chains of doping substances: how criminal networks may benefit from anti-doping policy. *Trends in Organized Crime*, 18(3), 229–250. <http://doi.org/10.1007/s12117-014-9235-7>
30. Fussell, S. (1991). *Muscle. Confessions of an Unlikely Bodybuilder*. London: Scribners.
31. Gaines, C., & Butler, G. (1974). *Pumping Iron. The Art and Sport of Bodybuilding*. London: Sphere Books Ltd.
32. Gleaves, J. (2010). No harm, no foul? Justifying bans on safe performance-enhancing drugs. *Sport, Ethics and Philosophy*, 4 (3), 269–283.
33. Gleaves, J. & Llewellyn, M. (2013). Sport, Drugs and Amateurism: Tracing the Real Cultural Origins of Anti-Doping Rules in International Sport. *The International Journal of the History of Sport*, 31(8), 839-853.
34. Gleaves, J. & Llewellyn, M. (2018). The “big arms” race: doping and the cold war defense of American exceptionalism. In: Rider, T. & Witherspoon, K. (eds.). *Defending the American way of life*. Arkansas: University of Arkansas Press, 49–66.
35. Griffet, J. (2000). The Path Chosen by Female Bodybuilders: A Tentative Interpretation. *Sociology of sport journal*, 17, 130-150.
36. Hanstad, D-V. & Waddington, I. (2009). Sport, health and drugs: a critical re-examination of some key issues and problems. *Perspectives in Public Health*, 129 (4), 174-182.
37. Hoberman J.M. (1992). *Mortal engines: the science of performance and the dehumanization of sport*, New York: Free Press.
38. Hoberman J.M. (2005). *Testosterone dreams: rejuvenation, aphrodisia, doping*, Berkeley: University of California Press.
39. Hoff, D. (2013). Dopning utanför idrotten – individualisering och muskulösa skönhetsideal. En studie av dopning i grundskola, gymnasium och på gym i Kalmar kommun. *Scandinavian Sport Studies Forum*. 4, 1–24.
40. Holt, I.G., Jouletta, E-M, Sönksen, P.H. (2009). The history of doping and growth hormone abuse in sport. *Growth Hormone & IGF Research*, 19(4), 320-326.
41. Jespersen, M.R. (2012). “Definitely not for women”: An online community’s reflections on women’s use of performance enhancing drugs. In Tolleneer, J., Sterckz, S. & Bonte, P. (Eds.). *Athletic enhancement, human nature and ethics. Threats and opportunities of doping technologies*. (pp. 201-218). Dordrecht, The Netherlands: Springer.
42. Johnston, L. D., Miech, R. A., O’Malley, P. M., Bachman, J. G., Schulenberg, J. E. & Patrick, M. E. (2018). *Monitoring the Future national survey results on drug use: 1975-2017: Overview, key findings on adolescent drug use*. Ann Arbor: Institute for Social Research, The University of Michigan.
43. Joyner, M.J. (2014). Sam Fussell: an interview with the author of *Muscle*. *Human Limits*, a blogg by Joyner, M.
44. Kartakoullis, N.L, Phells, C., Pouloukas, S., Petrou, M.m Loizou, C. (2008). The use of anabolic steroids and other prohibited substances by gym enthusiasts in Cyprus. *International Review for the Sociology of Sport*, 43(3): 271-87.
45. Kimegård, A. (2015). A qualitative study of anabolic steroid use amongst gym users in the United Kingdom: Motives, beliefs and experiences. *Journal of Substance Use*, 20(4): 288–294. doi:10.3109/ 14659891.2014.911977.
46. Kimegård, A., & McVeigh, J. (2014). Variability and dilemmas in harm reduction for anabolic steroid users in the UK: A multi-area interview study. *Harm Reduction Journal*, 11(1), 1–13.

47. Klein, A. (1993). *Little Big Men. Bodybuilding, Subculture and Gender Construction*. New York: State University of New York Press.
48. Klein, A. (2007). *Size Matters: Connecting Subculture to Culture in Bodybuilding*. In Thompson, J.K. & Cafri, G. (eds.). *The muscular ideal: psychological, social, and medical perspectives*. Washington, DC: American Psychological Association, 67-83.
49. Kryger Pedersen, I. (2010). Doping and the perfect body expert: social and cultural indicators of performance-enhancing drug use in Danish gyms. *Sport in Society*, 13(3), 503-516.
50. Kryger Pedersen, I. & Benjaminsen, L. (2002). Doping og anvendelse af andre præstationsfremmende midler blandt brugere af danske motions- og fitnesscentre: en statistisk analyse. *Sociologisk rapportserie 9*.
51. Larsson, H. & Fagrell, B. (2010). *Föreställningar om kroppen. Kropp och kroppslighet i pedagogisk praktik och teori*. Stockholm: Liber.
52. Leifman, H., Rehnman, C., Sjöblom, E. & Holgersson, S. (2011). Anabolic androgenic steroids use and correlates among gym users – an assessment study using questionnaires and observations at gyms in the Stockholm region. *International Journal of Environmental Research and Public Health*, 8(7), 2656-2674.
53. Lentillon-Kaestner, V. & Ohl, F. (2011). Can we measure accurately the prevalence of doping? *Scandinavian Journal of Medicine & Science in Sport*, 21(2011), 132–32.
54. Lindholm, J. (2013). Does Legislating Against Doping in Sports Make Sense?: Comparing Sweden and the United States Suggest Not. *Virginia Sports & Entertainment Law Journal*, 13(1), 21-34.
55. Liokaftos, D. (2017). *A Genealogy of Male Bodybuilding. From Classical to Freaky*. New York/London: Routledge.
56. Liokaftos, D. (2018). Natural bodybuilding: An account of its emergence and development as competition sport. *International Review for the Sociology of Sports*, Online, 1-18.
57. Locks, A. & Richardson, N. (red.) (2012). *Critical Readings in Bodybuilding*. New York: Routledge
58. López, B. (2012) Creating fear: The social construction of human Growth Hormone as a dangerous drug. *International Review for the Sociology of Sports*, 48(2), 220-237.
59. Lucidi, F., Zelli, A., Mallia, L., Grano, C., Russo, P. & Violani, C. (2008). The social-cognitive mechanisms regulating adolescents' use of doping substances. *Journal of Sports Sciences*. 26(5):447-456.
60. McGrath, S. & Chananie-Hill, R. (2009). 'Big Freaky-Looking Women'. *Normalizing Gender Transgression Through Bodybuilding*. *Sociology of Sport Journal*, 26, 235–254.
61. McKenzie, S. (2013). *Getting Physical. The Rise of Fitness Culture in America*. Lawrence Kansas: University Press of Kansas.
62. Mogensen, K. (2011). *Body Punk. En afhandling om mandlige kropsbyggere og kroppens betydninger i lyset av antidoping kampagner*. Roskilde: Roskilde Universitetscenter.
63. Monaghan, L. (2001). *Bodybuilders drugs and risk. Health, risk and society*. New York: Routledge.
64. Monaghan, L.F. (2012). *Accounting for Illicit Steroid Use. Bodybuilders' Justifications*. In Locks, A. & Richardson, N. (eds.) *Critical Readings in Bodybuilding*. New York: Routledge.
65. Mottram, D.R. (ed) (2006). *Drugs in sport (4th ed.)*. London/New York: Routledge.
66. Nilsson, S., Spak, F., Marklund, B., Baigi, A. & Allebeck, P. (2005). Attitudes and Behaviors with Regards to Androgenic Anabolic Steroids Among Male Adolescents in a County of Sweden, *Substance Use & Misuse*, 40(1), 1-12.
67. Parkinson, A.B. & Evans, N.A. (2006). Anabolic androgenic steroids: a survey of 500 users. *Medicine & Science in Sports & Exercise* 38(4), 644-651.
68. Petrocelli, M., Oberweis, T., Petrocelli, J. (2008). Getting Huge, Getting Ripped: A Qualitative Exploration of Recreational Steroid Use. *Journal of Drug Issues*, Fall, 2008, 1187-1206.
69. Pope, H.G., Wood, R.I., Rogol, A., Nyberg, F., Bowers, L. & Bhasin, S. (2014). Adverse health consequences of performance-enhancing drugs: an Endocrine Society scientific statement. *Endocrine Reviews*, 35(3), 341-375.
70. PRODIS. (2018) *Metoden 100% ren hårdträning*. Hämtad på: <http://www.prodis.se/hem/metoden-100-ren-h%C3%A5rdtr%C3%A4ning>

71. Rasmussen, J.J., Schou, M., Madsen, P.L., m.fl. (2018). Increased blood pressure and aortic stiffness among abusers of anabolic androgenic steroids: potential effect of suppressed natriuretic peptides in plasma? *Journal of Hypertension*, 36(2), 277-285.
72. Rasmussen, J.J., Selmer, C., Østergren, P.B., Pedersen, K.B., Schou, M., Gustafsson, F., Faber, J., Juul, A. & Kistorp, C. (2016). Former Abusers of Anabolic Androgenic Steroids Exhibit Decreased Testosterone Levels and Hypogonadal Symptoms Years after Cessation: A Case-Control Study. *PLoS One*, 11(8): e0161208. Doi: 10.1371/journal.pone.0161208
73. Rehnman Wigstad, C. (2015). Uppföljande kartläggning av användning av dopning, narkotika och kosttillskott bland gymtränande. En sammanställning av resultat från Norrbottens län, Västernorrlands län, Stockholms län, Örebro kommun, Östergötlands län, Kungsbacka kommun och Kalmar kommun. Stockholm: STAD/PRODIS.
74. Richardson, N. (2008). Flex-rated! Female bodybuilding: feminist resistance or erotic spectacle? *Journal of Gender Studies*, 17(4), 289-301.
75. Roussel, P., Monaghan, L., Javerlhiac, S. & Yondre, F. (2010). The metamorphosis of female Bodybuilders: Judging a paroxysmal body?. *International Review for the Sociology of Sport*, 45(1), 103-109.
76. Sagoe, D., McVeigh, J., Bjørnebekk, A., Essilfie, M. S., Andreassen, C. S., & Pallesen, S. (2015). Polypharmacy among anabolic-androgenic steroid users: A descriptive metasynthesis. *Substance Abuse: Treatment, Prevention, and Policy*, 10(1). <http://doi.org/10.1186/s13011-015-0006-5>
77. Sagoe, D., Molde, H., Andreassen, C.S., Torsheim, T. & Pallesen, S. (2014). The global epidemiology of anabolic-androgenic steroid use: a meta-analysis and meta-regression analysis. *Annals of Epidemiology* 24(5), 383-398.
78. Sassatelli, R. (2010). *Fitness Culture. Gyms and the Commercialisation of Discipline and Fun*. Houndmills, UK: Palgrave Macmillan.
79. Schwarzenegger, A., & Petre, P. (2012). *Total Recall: My Unbelievably True Life Story*. New York, NY: Simon & Schuster, Inc.
80. Skolverket. (2011). *Läroplan, examensmål och gymnasiegemensamma ämnen för gymnasieskola*. Retrieved from: <https://www.skolverket.se/undervisning/gymnasieskolan/laroplan-program-och-amnen-i-gymnasieskolan>
81. Smith, A. C. T., & Stewart, B. (2012). Body Perceptions and Health Behaviors in an Online Bodybuilding Community. *Qualitative Health Research*, 22(7): 971-985.
82. Statens Folkhälsoinstitut. (2011). *Dopning i Samhället*. Östersund, Sweden: Statens Folkhälsoinstitut.
83. Thualagant, N. (2012). The Conceptualization of Fitness Doping and its Limitations. *Sport in Society: Cultures, Commerce, Media, Politics*, 15(3), 409-419.
84. van de Ven, K., & Mulrooney, K. J. D. (2017). Social suppliers: Exploring the cultural contours of the performance and image enhancing drug (PIED) market among bodybuilders in the Netherlands and Belgium. *International Journal of Drug Policy*, 40, 6-15. <http://doi.org/10.1016/j.drugpo.2016.07.009>
85. Van Hout, M.C. & Hearne, E. (2016). Nethnography of Female Use of the Synthetic Growth Hormone CJC-1295: Pulses and Potions. *Substance Use & Misuse*, doi: 10.3109/10826084.2015.1082595
86. Van Hout, M.C., & Kean, J. (2015). An exploratory study of image and performance enhancement drug use in a male British South Asian community. *International Journal of Drug Policy*, 26(9), 860-867. <http://doi.org/10.1016/j.drugpo.2015.03.002>
87. Waddington, I., & Smith, A. (2009). *An introduction to drugs in sport. Addicted to winning?* New York: Routledge.
88. Wagner, U. (2011). Towards the construction of the world anti-doping agency: Analyzing the approaches of FIFA and the IAAF to doping in sport. *European sport management quarterly*, 11(5), 445-470.
89. WHO. (2015). *Lexicon of alcohol and drug terms published by the World Health Organisation*. WHO. Retrieved from http://www.who.int/substance_abuse/terminology/who_lexicon/en/.
90. Yesalis, C. & Bahrke, M. (2007). Anabolic steroid and stimulant use in North American sport between 1850 and 1980. In Dimeo, P. (ed.) *Drugs, Alcohol and Sport*. New York: Routledge.
91. Zelli, A., Lucidi, F. & Mallia, L. (2010). The Relationships Among Drive for Muscularity, Drive for Thinness, Doping Attitudes, and Doping Intentions in Adolescents. *Journal of Clinical Sport Psychology*. 4(1): 39-52.