

# The health and situation of young LGBTQ people in Sweden – Appendix 2

A detailed description of the systematic literature review

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### Search databases

- 1. Medline (Ovid)
- 2. Web of Science Core Collection (Clarivate)
- PsvcInfo (Ovid)

### Search terms

- 4. Bisexuality/
- 5. exp Homosexuality/
- 6. Transsexualism/
- 7. exp Sexual minorities/
- 8. exp Gender Dysphoria/
- 9. Transvestism/
- 10. (transgender\* or transsexual\* or queer\* or LGBTQ or LGBQ or LGBTQI or GLB or LGB or LGBT or GLBT or homosexual\* or lesbian\* or gay\* or bisexual\* or gender dysphoria or gender nonbinary or nonbinary gender or gender binary or transvesti\* or sexual minorit\* or sexual orientation\* or gender minorit\* or SOGI or bicurious or crossgender or gender change or gender transform\* or gender transition or genderqueer or intersex\* or lesbigay or "men who have sex with men" or same sex couple\* or same sex relation\* or trans female or trans male or trans man or trans men or trans people or trans person or trans woman or trans women or women loving women or "women who have sex with women" or gender identity disorder).ti,ab,kf.
- 11. or/1-7
- 12. exp Health Status/
- 13. Minority Health/
- 14. Adolescent Health/
- 15. Mental Health/
- 16. Personal Satisfaction/
- 17. exp Substance-Related Disorders/
- 18. exp Depressive Disorder/
- 19. Depression/
- 20. exp Suicide/
- 21. Mental Disorders/
- 22. exp Anxiety disorders/
- 23. ((transgender\* or transsexual\* or queer\* or LGBTQ or LGBQ or LGBTQI or GLB or LGB or LGBT or GLBT or homosexual\* or lesbian\* or gay\* or bisexual\* or gender dysphoria or gender nonbinary or nonbinary gender or gender binary or transvesti\* or sexual minorit\* or sexual orientation\* or gender minorit\* or SOGI or bicurious or crossgender or gender change or gender transform\* or gender transition or genderqueer or intersex\* or lesbigay or "men who have sex with men" or same sex couple\* or same sex relation\* or trans female or trans male or trans man or trans men or trans people or trans person or trans woman or trans women or women loving women or "women who have sex with women" or gender identity disorder or minorit\* or social determinant\* or structural determinant\* or inequalit\*) adj3 health).ti,ab,kf.
- 24. (minority stress or mental health or quality of life or depression\* or suicid\* or well being or state of health or health status or health indicator\* or minority health or health outcome\* or healthcare disparit\* or health inequalit\* or self-rated health or self-reported health or health condition\* or health inequit\* or health measurement\* or health risk factors or sexual health).ti,ab,kf.

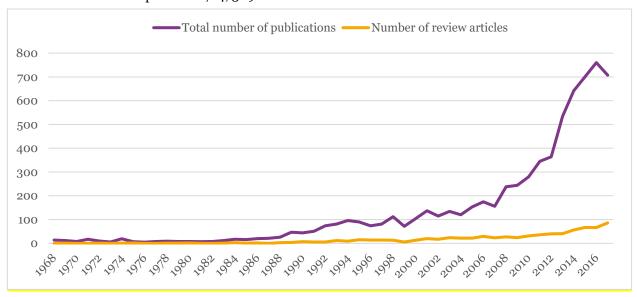


- 25. (life adj2 satisf\*).ti,ab,kf.
- 26. ((drug or alcohol or substance or drinking) adj2 (abuse or problem\* or "use" or using or misuse or dependen\*)).ti,ab,kf.
- 27. (health adj2 disparit\*).ti,ab,kf.
- 28. or/9-24
- 29. Adolescent/
- 30. Young Adult/
- 31. (Youth\* or adolescen\* or young adult\* or young age or teen\*).ti,ab,kf.
- 32. or/26-28
- 33. 8 and 25 and 29
- 34. remove duplicates from 30
- 35. limit 31 to English



## Number of identified articles and review articles

- Including duplicates: 9104
- After removal of duplicates: 6714, 309 of which were review articles



Number of identified scientific articles in searches on the health and lives of young LGBTQ people from 1968 to the end of 2017.

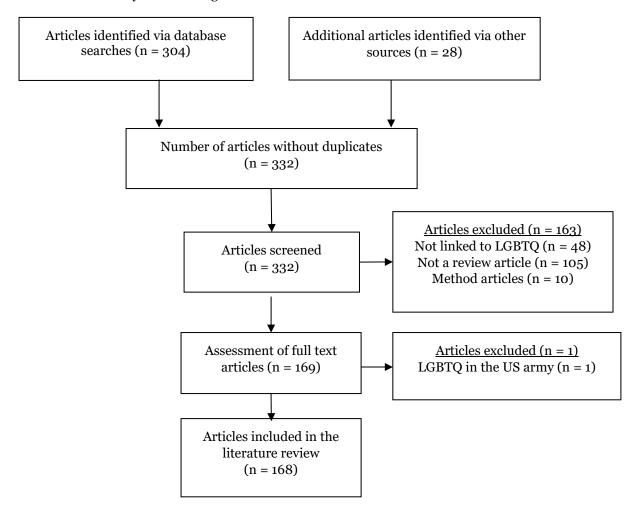
### Limits on the number of articles included in the structured literature review

- Main focus on review articles
- Limited to articles published in the last five years (2013-2017)



## Flow diagram for inclusion and exclusion of articles in the structured literature review

Articles were included if they were review articles and fell within the topic of the report, i.e. health and lives of young LGBTQ people. More information on the number of articles excluded is shown by the flow diagram below.





### Summary of the content of the review articles

All the review articles identified via searches and included in the final summary were categorised by their main content. The areas studied in the review articles were:

- The health of LGBTQ people (Bell, Breland et al. 2013, Blais, Bergeron et al. 2015, Blondeel, Say et al. 2016)
  - Mental health (King, Semlyen et al. 2008, Pandya 2014, Adelson, Stroeh et al. 2016, Hatzenbuehler and Pachankis 2016, Russell and Fish 2016, Semlyen, King et al. 2016, Lucassen, Stasiak et al. 2017)
  - Dependence problems and substance abuse (Blosnich, Lee et al. 2013, Aromin 2016, Hemsing, Greaves et al. 2016)
  - Suicide (Gordon and Melvin 2014, Matarazzo, Barnes et al. 2014, Pompili, Lester et al. 2014, Hong, Kral et al. 2015, Poteat and Rivers 2015, Rozel 2015, Skerrett, Kolves et al. 2015, Mullaney 2016, Cha, Tezanos et al. 2017, Marraccini and Brier 2017, McNeil, Ellis et al. 2017, Miranda-Mendizabal, Castellvi et al. 2017)
  - Non-suicidal self-harm (Batejan, Jarvi et al. 2015, Jackman, Honig et al. 2016)
  - Eating disorders (McClain and Peebles 2016, Calzo, Blashill et al. 2017, Schaumberg, Welch et al. 2017)
  - Chronic illness (Eliason 2014, Caceres, Brody et al. 2016, Caceres, Brody et al. 2017)
  - HIV and other sexually transmitted diseases (Schafer, Gupta et al. 2013, Lall, Lim et al. 2015, Zeglin 2015, Wood, Salas-Humara et al. 2016, Saffier, Kawa et al. 2017)
  - Syndemics the simultaneous occurrence of health and psychosocial problems (Gilbert, Raj et al. 2015, Tsai and Burns 2015)
  - Disorders of sex development (Tishelman, Shumer et al. 2017)
- Care, treatment and prevention (Fisher and Mustanski 2014, Delany-Moretlwe, Cowan et al. 2015, Hadland, Yehia et al. 2016, Fuzzell, Shields et al. 2017, Gahagan and Colpitts 2017, Hafeez, Zeshan et al. 2017, Hughes, Damin et al. 2017, Perron, Kartoz et al. 2017, Perron, Kartoz et al. 2017)
  - Treatment and preventive initiatives
    - » HIV prevention and PrEP (Harper and Riplinger 2013, Pettifor, Nguyen et al. 2015, Coughlin 2016, Friedman, Kachur et al. 2016, Hergenrather, Emmanuel et al. 2016, Bauermeister, Connochie et al. 2017, Condran, Gahagan et al. 2017)
    - » Preventive efforts in schools (McCarty-Caplan 2013, Camilleri-Cassar 2014)
  - Access to care (Rosa, Fullerton et al. 2015, Brown, Rice et al. 2016, Li, Dorstyn et al. 2016, Silberholz, Brodie et al. 2017)
- Articles on gender identity (Ignatavicius 2013, Stotzer, Silverschanz et al. 2013, Rosenthal 2014, Cohen-Kettenis and Klink 2015, Fuss, Auer et al. 2015, Guss, Shumer et al. 2015, Hughto, Reisner et al. 2015, de Vries, Klink et al. 2016, Leibowitz and de Vries 2016, Martin-Storey 2016, Olson-Kennedy, Cohen-Kettenis et al. 2016, Ristori and Steensma 2016, Rosenthal 2016, Hill and Shapiro 2017, Turban and Ehrensaft 2017)
  - Mental health (Firth 2014, Jacobs, Rachlin et al. 2014, Connolly, Zervos et al. 2016, Dhejne, Van Vlerken et al. 2016, Oost, Livingston et al. 2016, Van Der Miesen, Hurley et al. 2016)



- Articles on treatment guidelines (Shumer and Spack 2013, Unger 2014, Vance, Ehrensaft et al. 2014)
- Gender-confirming treatment (de Antonio, Gomez-Gil et al. 2013, Richards and Barrett 2013, Milrod 2014, Meriggiola and Gava 2015, Cartaya and Lopez 2017, Conard 2017, Mahfouda, Moore et al. 2017)
- Health-related behaviour and obesity (Blosnich, Lee et al. 2013, Eliason 2014, Goldbach, Tanner-Smith et al. 2014, Qiao, Li et al. 2014, Goldbach, Fisher et al. 2015, Frederick and Essayli 2016, Bourne and Weatherburn 2017, Hasson, Brown et al. 2017)
- Health risk and health protection factors (Goldbach, Tanner-Smith et al. 2014, Blais, Bergeron et al. 2015, Hatzenbuehler and Pachankis 2016, Hall 2017, Hatzenbuehler 2017)
  - Protective factors (Lyons 2015, Colpitts and Gahagan 2016, Colpitts and Gahagan 2016, Freitas, Coimbra et al. 2017, Hall 2017)
  - Openness about sexual orientation and gender identity (Larson, Chastain et al. 2015)
  - Experiences in childhood and being rejected by parents (Schneeberger, Dietl et al. 2014, Earnshaw, Bogart et al. 2016, Katz-Wise, Rosario et al. 2016)
  - Bullying (Aboujaoude, Savage et al. 2015, Hong, Kral et al. 2015, Pham and Adesman 2015, Poteat and Rivers 2015, Abreu, Black et al. 2016, Earnshaw, Bogart et al. 2016, Gonzalez-Jimenez and Fischer 2017, Maniglio 2017)
  - Violence (Collier, van Beusekom et al. 2013, Buller, Devries et al. 2014, Krahe, Tomaszewska et al. 2014, Goldbach, Fisher et al. 2015, Satyanarayana, Chandra et al. 2015, Toomey and Russell 2016)
- Education, work, relationships and LGBTQ families (Doyle and Molix 2015, Savin-Williams and Cohen 2015, De Roo, Tilleman et al. 2016, Dierckx, Motmans et al. 2016, Dispenza, Brown et al. 2016, Park, Nordstrom et al. 2016, Webster and Telingator 2016, Hafford-Letchfield, Pezzella et al. 2017, Rostosky and Riggle 2017)
- LGBTQ people who belong to particularly vulnerable groups (McGarrity 2014)
  - Bisexuals and people who are mainly heterosexual (Pearson and Wilkinson 2013, Savin-Williams and Vrangalova 2013, Jeffries 2014)
  - LGBTQ and disability (Turner, Briken et al. 2017)
  - Ethnic minority groups (McIntosh and Bialer 2014, Fish, Papaloukas et al. 2016, Murphy and Hardaway 2017, Toomey, Huynh et al. 2017, Wade and Harper 2017)
  - Migrants (Gowin, Taylor et al. 2017, Moore and Barner 2017)
  - Homeless LGBTQ people (Keuroghlian, Shtasel et al. 2014, Ream and Forge 2014, Ecker 2016, Cronley and Evans 2017)
- Intersex variation (Beale and Creighton 2016)



### List of review articles in the final study

- Aboujaoude, E., M. W. Savage, V. Starcevic and W. O. Salame (2015). "Cyberbullying: Review of an Old Problem Gone Viral." <u>The Journal of adolescent health: official publication of the Society for Adolescent Medicine</u> **57**(1): 10-18.
- Abreu, R. L., W. W. Black, D. V. Mosley and A. L. Fedewa (2016). "LGBTQ Youth Bullying Experiences in Schools: The Role of School Counselors Within a System of Oppression." <u>Journal of Creativity in Mental Health</u> 11(3-4): 325-342.
- Adelson, S. L., O. M. Stroeh and Y. K. W. Ng (2016). "Development and mental health of lesbian, gay, bisexual, or transgender youth in pediatric practice." <u>Pediatric Clinics</u> **63**(6): 971-983.
- Aromin, R. A., Jr. (2016). "Substance Abuse Prevention, Assessment, and Treatment for Lesbian, Gay, Bisexual, and Transgender Youth." <u>Pediatric clinics of North America</u> **63**(6): 1057-1077.
- Batejan, K. L., S. M. Jarvi and L. P. Swenson (2015). "Sexual orientation and non-suicidal self-injury: a meta-analytic review." <u>Archives of suicide research: official journal of the International Academy for Suicide Research</u> **19**(2): 131-150.
- Bauermeister, J. A., D. Connochie, L. Eaton, M. Demers and R. Stephenson (2017). "Geospatial Indicators of Space and Place: A Review of Multilevel Studies of HIV Prevention and Care Outcomes Among Young Men Who Have Sex With Men in the United States." <u>Journal of Sex Research</u> **54**(4-5): 446-464.
- Beale, J. M. and S. M. Creighton (2016). "Long-term health issues related to disorders or differences in sex development/intersex." <u>Maturitas</u> **94**: 143-148.
- Bell, D. L., D. J. Breland and M. A. Ott (2013). "Adolescent and Young Adult Male Health: A Review." <u>Pediatrics</u> **132**(3): 535-546.
- Blais, M., F.-A. Bergeron, J. Duford, M.-A. Boislard and M. Hebert (2015). "Health Outcomes of Sexual-Minority Youth in Canada: An Overview." <u>Adolescencia & saude</u> **12**(3): 53-73.
- Blondeel, K., L. Say, D. Chou, I. Toskin, R. Khosla, E. Scolaro and M. Temmerman (2016). "Evidence and knowledge gaps on the disease burden in sexual and gender minorities: a review of systematic reviews." <u>International journal for equity in health</u> **15**(1): 16.
- Blosnich, J., J. G. L. Lee and K. Horn (2013). "A systematic review of the aetiology of tobacco disparities for sexual minorities." Tobacco Control **22**(2): 66-73.
- Bourne, A. and P. Weatherburn (2017). "Substance use among men who have sex with men: patterns, motivations, impacts and intervention development need." <u>Sexually Transmitted Infections</u> **93**(5): 342-346.
- Brown, A., S. M. Rice, D. J. Rickwood and A. G. Parker (2016). "Systematic review of barriers and facilitators to accessing and engaging with mental health care among atrisk young people." <u>Asia-Pacific psychiatry: official journal of the Pacific Rim College of Psychiatrists</u> **8**(1): 3-22.
- Buller, A. M., K. M. Devries, L. M. Howard and L. J. Bacchus (2014). "Associations between intimate partner violence and health among men who have sex with men: a systematic review and meta-analysis." <u>PLoS medicine</u> **11**(3): e1001609.
- Caceres, B. A., A. Brody and D. Chyun (2016). "Recommendations for cardiovascular disease research with lesbian, gay and bisexual adults." <u>Journal of clinical nursing</u> **25**(23-24): 3728-3742.
- Caceres, B. A., A. Brody, R. E. Luscombe, J. E. Primiano, P. Marusca, E. M. Sitts and D. Chyun (2017). "A Systematic Review of Cardiovascular Disease in Sexual Minorities." American Journal of Public Health 107(4): E13-E21.
- Calzo, J. P., A. J. Blashill, T. A. Brown and R. L. Argenal (2017). "Eating Disorders and Disordered Weight and Shape Control Behaviors in Sexual Minority Populations." Current Psychiatry Reports 19(8).
- Camilleri-Cassar, F. (2014). "Education strategies for social inclusion or marginalising the marginalised?" <u>Journal of Youth Studies</u> **17**(2): 252-268.



- Cartaya, J. and X. Lopez (2017). "Gender dysphoria in youth: a review of recent literature." <u>Current opinion in endocrinology, diabetes, and obesity</u>.
- Cha, C. B., K. M. Tezanos, O. M. Peros, M. Y. Ng, J. D. Ribeiro, M. K. Nock and J. C. Franklin (2017). "Accounting for Diversity in Suicide Research: Sampling and Sample Reporting Practices in the United States." <u>Suicide & life-threatening behavior</u>.
- Cohen-Kettenis, P. T. and D. Klink (2015). "Adolescents with gender dysphoria." <u>Best Practice & Research Clinical Endocrinology & Metabolism</u> **29**(3): 485-495.
- Collier, K. L., G. van Beusekom, H. M. W. Bos and T. G. M. Sandfort (2013). "Sexual orientation and gender identity/expression related peer victimization in adolescence: a systematic review of associated psychosocial and health outcomes." <u>Journal of sex research</u> **50**(3-4): 299-317.
- Colpitts, E. and J. Gahagan (2016). ""I feel like I am surviving the health care 3 system": understanding LGBTQ health in 4 Nova Scotia, Canada." <u>Bmc Public Health</u> 16.
- Colpitts, E. and J. Gahagan (2016). "The utility of resilience as a conceptual framework for understanding and measuring LGBTQ health." <u>International Journal for Equity in Health</u> 15.
- Conard, L. E. (2017). "Supporting and caring for transgender and gender nonconforming youth in the urology practice." <u>Journal of pediatric urology</u> **13**(3): 300-304.
- Condran, B., J. Gahagan and H. Isfeld-Kiely (2017). "A scoping review of social media as a platform for multi-level sexual health promotion interventions." <u>Canadian Journal of Human Sexuality</u> **26**(1): 26-37.
- Connolly, M. D., M. J. Zervos, C. J. Barone, 2nd, C. C. Johnson and C. L. M. Joseph (2016). "The Mental Health of Transgender Youth: Advances in Understanding." <u>The Journal of adolescent health: official publication of the Society for Adolescent Medicine</u> **59**(5): 489-495.
- Coughlin, S. S. (2016). "Community-Based Participatory Research Studies on HIV/AIDS Prevention, 2005-2014." <u>Jacobs journal of community medicine</u> **2**(1).
- Cronley, C. and R. Evans (2017). "Studies of resilience among youth experiencing homelessness: A systematic review." <u>Journal of Human Behavior in the Social Environment</u> **27**(4): 291-310.
- de Antonio, E. I., E. Gomez-Gil and G. Gidseen (2013). "Coordination of healthcare for transsexual persons: a multidisciplinary approach." <u>Current Opinion in Endocrinology Diabetes and Obesity</u> **20**(6): 585-591.
- De Roo, C., K. Tilleman, G. T'Sjoen and P. De Sutter (2016). "Fertility options in transgender people." <u>International review of psychiatry (Abingdon, England)</u> **28**(1): 112-110
- de Vries, A. L., D. Klink and P. T. Cohen-Kettenis (2016). "What the primary care pediatrician needs to know about gender incongruence and gender dysphoria in children and adolescents." <u>Pediatric Clinics</u> **63**(6): 1121-1135.
- Delany-Moretlwe, S., F. M. Cowan, J. Busza, C. Bolton-Moore, K. Kelley and L. Fairlie (2015). "Providing comprehensive health services for young key populations: needs, barriers and gaps." <u>Journal of the International AIDS Society</u> **18**(2 Suppl 1): 19833.
- Dhejne, C., R. Van Vlerken, G. Heylens and J. Arcelus (2016). "Mental health and gender dysphoria: a review of the literature." <u>International Review of Psychiatry</u> **28**(1): 44-57.
- Dierckx, M., J. Motmans, D. Mortelmans and G. T'Sjoen (2016). "Families in transition: A literature review." <u>International review of psychiatry (Abingdon, England)</u> **28**(1): 36-43.
- Dispenza, F., C. Brown and T. E. Chastain (2016). "Minority Stress Across the Career-Lifespan Trajectory." <u>Journal of Career Development</u> **43**(2): 103-115.
- Doyle, D. M. and L. Molix (2015). "Social stigma and sexual minorities' romantic relationship functioning: A meta-analytic review." <u>Personality and Social Psychology Bulletin</u> **41**(10): 1363-1381.
- Earnshaw, V. A., L. M. Bogart, V. P. Poteat, S. L. Reisner and M. A. Schuster (2016). "Bullying among lesbian, gay, bisexual, and transgender youth." <u>Pediatric Clinics</u> **63**(6): 999-1010.



- Ecker, J. (2016). "Queer, young, and homeless: A review of the literature." Child & Youth Services 37(4): 325-361.
- Eliason, M. J. (2014). "Chronic Physical Health Problems in Sexual Minority Women: Review of the Literature." <u>Lgbt Health</u> 1(4): 259-268.
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- Fish, J., P. Papaloukas, R. Jaspal and I. Williamson (2016). "Equality in sexual health promotion: a systematic review of effective interventions for black and minority ethnic men who have sex with men." <u>BMC public health</u> **16**(1): 810.
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- Frederick, D. A. and J. H. Essayli (2016). "Male Body Image: The Roles of Sexual Orientation and Body Mass Index Across Five National US Studies." <u>Psychology of Men & Masculinity</u> 17(4): 336-351.
- Freitas, D. F., S. Coimbra and A. M. Fontaine (2017). "Resilience in LGB youths: A systematic review of protection mechanisms." <u>Paideia</u> **27**(66): 69-79.
- Friedman, A. L., R. E. Kachur, S. M. Noar and M. McFarlane (2016). "Health Communication and Social Marketing Campaigns for Sexually Transmitted Disease Prevention and Control: What Is the Evidence of their Effectiveness?" <u>Sexually Transmitted Diseases</u> **43**: S83-S101.
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- Goldbach, J., B. W. Fisher and S. Dunlap (2015). "Traumatic Experiences and Drug Use by LGB Adolescents: A Critical Review of Minority Stress." <u>Journal of Social Work Practice in the Addictions</u> **15**(1): 90-113.
- Goldbach, J. T., E. E. Tanner-Smith, M. Bagwell and S. Dunlap (2014). "Minority stress and substance use in sexual minority adolescents: a meta-analysis." <a href="Prevention science">Prevention Research</a> 15(3): 350-363.
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- Gordon, M. and G. Melvin (2014). "Risk assessment and initial management of suicidal adolescents." <u>Australian Family Physician</u> **43**(6): 367-372.
- Gowin, M., E. L. Taylor, J. Dunnington, G. Alshuwaiyer and M. K. Cheney (2017). "Needs of a Silent Minority: Mexican Transgender Asylum Seekers." <u>Health promotion practice</u> **18**(3): 332-340.
- Guss, C., D. Shumer and S. L. Katz-Wise (2015). "Transgender and gender nonconforming adolescent care: psychosocial and medical considerations." <u>Current opinion in pediatrics</u> **27**(4): 421-426.
- Hadland, S. E., B. R. Yehia and H. J. Makadon (2016). "Caring for Lesbian, Gay, Bisexual, Transgender, and Questioning Youth in Inclusive and Affirmative Environments." Pediatric Clinics of North America **63**(6): 955-+.



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- Hall, W. J. (2017). "Psychosocial Risk and Protective Factors for Depression Among Lesbian, Gay, Bisexual, and Queer Youth: A Systematic Review." <u>Journal of homosexuality</u>: 1-54.
- Harper, G. W. and A. J. Riplinger (2013). "HIV Prevention Interventions for Adolescents and Young Adults: What About the Needs of Gay and Bisexual Males?" <u>Aids and Behavior</u> 17(3): 1082-1095.
- Hasson, R. E., D. R. Brown, J. Dorn, L. Barkley, C. Torgan, M. Whitt-Glover, B. Ainsworth and N. Keith (2017). "Achieving Equity in Physical Activity Participation: ACSM Experience and Next Steps." <u>Medicine and science in sports and exercise</u> **49**(4): 848-858.
- Hatzenbuehler, M. L. (2017). "Advancing Research on Structural Stigma and Sexual Orientation Disparities in Mental Health Among Youth." <u>Journal of clinical child and adolescent psychology: the official journal for the Society of Clinical Child and Adolescent Psychology, American Psychological Association, Division 53 **46**(3): 463-475.</u>
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- Hergenrather, K. C., D. Emmanuel, S. Durant and S. D. Rhodes (2016). "ENHANCING HIV PREVENTION AMONG YOUNG MEN WHO HAVE SEX WITH MEN: A SYSTEMATIC REVIEW OF HIV BEHAVIORAL INTERVENTIONS FOR YOUNG GAY AND BISEXUAL MEN." Aids Education and Prevention 28(3): 252-271.
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- Hong, J. S., M. J. Kral and P. R. Sterzing (2015). "Pathways From Bullying Perpetration, Victimization, and Bully Victimization to Suicidality Among School-Aged Youth: A Review of the Potential Mediators and a Call for Further Investigation." <u>Trauma Violence & Abuse</u> **16**(4): 379-390.
- Hughes, R. L., C. Damin and K. Heiden-Rootes (2017). "Where's the LGBT in Integrated Care Research? A Systematic Review." <u>Families Systems & Health</u> **35**(3): 308-319.
- Hughto, J. M. W., S. L. Reisner and J. E. Pachankis (2015). "Transgender stigma and health: a critical review of stigma determinants, mechanisms, and interventions." Social science & medicine 147: 222-231.
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